

THINGS TO THINK ABOUT WHILE YOUR BRACES ARE ON

Your braces are on and your teeth are starting to look better. There are a few things that we want you to be thinking about during this time. These topics are VERY important. Please ask any questions that you may have.

KEEPING YOUR TEETH STRAIGHT

As Dr. Le has mentioned to you, your removable retainers are included with the fee for your braces. However, we strongly recommend that you have your upper and lower teeth splinted. Splinting is the BEST way to ensure that your teeth stay straight forever. Removable retainers can be good but they require self discipline and they can be lost, broken or eaten by the dog! The cost to have a PERMANENT SPLINT bonded to the back of your front teeth is \$300 per arch. The splints would be placed on your teeth 1-2 months after your braces come off.

GUM SHAPING OFTEN NEEDS TO BE DONE TO REALLY MAKE THE TEETH LOOK THEIR BEST

Braces do a great job of getting the teeth straight but sometimes a few easy gum adjustments go a LONG way in making the teeth look their best. Many people have too much gum tissue covering some of their front teeth which makes them look short. Dr. Le can quickly and comfortably contour the gums in these areas. The procedure is virtually painless and is very effective. Here is a good example of what can be done quickly and comfortably to make your teeth look great!



Teeth look short because of too much gum tissue



Teeth look much better after gum contouring



Teeth Whitening can also go a long way to putting the finishing touches on your smile